

**OVERVIEW**



1. USB 3.2 Gen 1	5. Ethernet (RJ-45)
2. USB 3.2 Gen 1	6. Thunderbolt 4
3. Headphone / microphone combo jack (3.5mm)	7. Power connector
4. HDMI	

Notes:

- Thunderbolt 4 is not available on models with NVIDIA GeForce RTX 3060 graphics cards.

## PERFORMANCE

### Processor

#### Processor Family

12th Generation Intel® Core™ i5 / i7 Processor

#### Processor

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Memory Support	Processor Graphics
Core i5-12450H	8 (4 P-core + 4 E-core)	12	P-core 2.0GHz / E-core 1.5GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR5-4800	Intel UHD Graphics
Core i5-12500H	12 (4 P-core + 8 E-core)	16	P-core 2.5GHz / E-core 1.8GHz	P-core 4.5GHz / E-core 3.3GHz	18MB	DDR5-4800	Intel Iris® Xe Graphics
Core i7-12650H	10 (6 P-core + 4 E-core)	16	P-core 2.3GHz / E-core 1.7GHz	P-core 4.7GHz / E-core 3.5GHz	24MB	DDR5-4800	Intel UHD Graphics
Core i7-12700H	14 (6 P-core + 8 E-core)	20	P-core 2.3GHz / E-core 1.7GHz	P-core 4.7GHz / E-core 3.5GHz	24MB	DDR5-4800	Intel Iris Xe Graphics

### Operating System

#### Operating System

- Windows® 11 Pro 64
- Windows 11 Home 64
- No operating system

### Graphics

#### Graphics

Graphics	Type	Memory	Boost Clock	TGP	Key Features
NVIDIA® GeForce RTX™ 3050 Laptop GPU	Discrete	4GB GDDR6	1500 MHz	85W	Resizable BAR, Dynamic Boost 2.0, DirectX® 12 Ultimate
NVIDIA GeForce RTX 3050 Ti Laptop GPU	Discrete	4GB GDDR6	1485 MHz	85W	Resizable BAR, Dynamic Boost 2.0, DirectX 12 Ultimate
NVIDIA GeForce RTX 3060 Laptop GPU	Discrete	6GB GDDR6	1425 MHz	105W	Resizable BAR, Dynamic Boost 2.0, VR ready, DirectX 12 Ultimate

### Monitor Support

#### Monitor Support

Supports up to 3 independent displays (native display and 2 external monitors via HDMI®, USB-C® or Thunderbolt™)

- HDMI supports up to 4K@30Hz
- Thunderbolt supports up to 8k@60Hz
- USB-C supports up to 5120x3200@120Hz

### Chipset

#### Chipset

Intel SoC (System on Chip) platform

### Memory

#### Max Memory<sup>[1]</sup>

Up to 16GB DDR4-3200 offering

#### Memory Slots

Two DDR4 SO-DIMM slots, dual-channel capable

#### Memory Type

DDR4-3200

Notes:

- The max memory is based on the test results with current Lenovo® memory offerings. The system may support more memory as the technology develops.

## Storage

### Storage Support<sup>[1]</sup>

Up to two drives, 2x M.2 SSD

- M.2 2280 SSD up to 1TB
- M.2 2242 SSD up to 1TB

### Storage Slot

Two M.2 slots

- One M.2 2242 PCIe® Gen 4x4 slot, supports M.2 2242 SSD
- One M.2 2280 PCIe Gen 4x4 slot, supports M.2 2242/2280 SSD

### Storage Type

Disk Type	Interface	Offering
M.2 2242 SSD	PCIe NVMe®, PCIe 4.0 x4	256GB / 512GB / 1TB
M.2 2280 SSD	PCIe NVMe, PCIe 3.0 x4	512GB / 1TB

#### Notes:

- The storage capacity supported is based on the test results with current Lenovo storage offerings. The system may support larger storage as the technology develops.

## Removable Storage

### Card Reader

No card reader

## Multi-Media

### Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

### Speakers

Stereo speakers, 2W x2, Nahimic Audio

### Microphone

Dual array microphone

### Camera

FHD 1080p webcam, support privacy shutter, fixed focus

## Battery

### Battery

Integrated Li-Polymer 71Wh battery, supports Rapid Charge Boost (get 2 hours of runtime with a 15-minute charge)

### Max Battery Life<sup>[1]</sup>

MobileMark® 2018: 7 hr

Local video (1080p) playback@150nits: 10 hr

#### Notes:

- All battery life claims are approximate maximum and based on results using the MobileMark 2014, MobileMark 2018, JEITA 2.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary and depends on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

## Power Adapter

### Power Adapter<sup>[1]</sup>

- 135W slim tip (3-pin) AC adapter, 100-240V, 50-60Hz
- 170W slim tip (3-pin) AC adapter, 100-240V, 50-60Hz
- 230W slim tip (3-pin) AC adapter, 100-240V, 50-60Hz

#### Notes:

1. AC adapter offerings depend on the country.

## DESIGN

### Display

#### Display<sup>[1]</sup>

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Viewing Angle	Key Features
16.0"	WUXGA (1920x1200)	None	IPS	350 nits	Anti-glare	16:10	1200:1	100% sRGB	178°	Refresh rate 165Hz, Free-Sync, DC dimmer
16.0"	WQXGA (2560x1600)	None	IPS	500 nits	Anti-glare	16:10	1200:1	100% sRGB	160°	Refresh rate 165Hz, Free-Sync, DC dimmer

#### Touchscreen

Non-touch

#### Notes:

1. California Electronic Waste Recycling Fee

In California, per state law, Lenovo charges an electronic waste recycling fee on this covered device at the time of sale of the product.

For more information, go to <https://www.calrecycle.ca.gov/Electronics/Consumer>

### Input Device

#### Keyboard

6-row, multimedia Fn keys, numeric keypad

#### Keyboard Backlight

- White backlight
- 4-Zone RGB backlight

#### Touchpad

Buttonless Mylar® surface multi-touch touchpad, 75 x 120 mm (2.95 x 4.72 inches)

### Mechanical<sup>[1]</sup>

#### Dimensions (WxDxH)

359.6 x 277.8 x 20.9 mm (14.16 x 10.94 x 0.82 inches)

#### Weight

Around 2.6 kg (5.7 lbs)

#### Case Color

Onyx grey

#### Surface Treatment

Painting

#### Case Material

PC + ABS (top), PC + ABS (bottom)

#### Notes:

1. The system dimensions and weight vary depending on configurations.

## CONNECTIVITY

### Network

#### Onboard Ethernet

Gigabit Ethernet, 1x RJ-45

#### WLAN + Bluetooth<sup>[1][2]</sup>

- Wi-Fi® 5, 802.11ac 2x2 Wi-Fi + Bluetooth 5.0, M.2 card

# IdeaPad Gaming 3 16IAH7

- Wi-Fi 6, 802.11ax 2x2 Wi-Fi + Bluetooth 5.2, M.2 card

## Notes:

1. Bluetooth 5.2 is hardware ready but may run at a lower version due to OS limitation
2. Wi-Fi 6 full features might be limited by country-level restrictions.

## Ports<sup>[1]</sup>

### Standard Ports

- 2x USB 3.2 Gen 1
- 1x Ethernet (RJ-45)
- 1x HDMI, up to 4K/30Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Power connector

### Optional Ports

- 1x Thunderbolt 4 / USB4® 40Gbps (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4, for RTX 3050/RTX 3050 Ti graphics models)
- 1x USB-C 3.2 Gen 2 (support data transfer, Power Delivery 3.0 and DisplayPort 1.4, for RTX 3060 graphics models)

## Notes:

1. The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.  
USB 2.0: 480 Mbit/s;  
USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;  
USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;  
USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;  
Thunderbolt 3/4: 40 Gbit/s

## SECURITY & PRIVACY

### Security

#### Security Chip

Firmware TPM 2.0 integrated in SoC

#### Fingerprint Reader

No fingerprint reader

#### BIOS Security

- Administrator password
- Power-on password
- Hard disk password
- Self-healing BIOS

#### Other Security

Camera privacy shutter

## SERVICE

### Warranty

#### Base Warranty<sup>[1]</sup>

- 1-year depot service
- 1-year depot with 2-year system board service (Korea only)
- 2-year (1-yr battery) depot service
- 3-year (1-yr battery) depot service

## Notes:

1. More information of warranty policy, please access <https://pcsupport.lenovo.com/warranty>

## ENVIRONMENTAL

### Operating Environment

## Temperature

- Operating: 0°C (32°F) to 40°C (104°F)
- Storage: -20°C (-4°F) to 60°C (140°F)
- Maximum temperature when operating under unpressurized conditions: 31.3°C (88°F)

## Humidity

- Operating: 0% to 90% at wet-bulb temperature 23°C (73°F)
- Storage: 20% to 90% at wet-bulb temperature 27°C (81°F)

## Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

## ACCESSORIES

### Bundled Accessories

#### Bundled Accessories

- Lenovo Gaming M100 RGB Mouse (USB connector)
- None

## CERTIFICATIONS

### Green Certifications

#### Green Certifications

- ErP Lot 3
- RoHS compliant

- Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. LENOVO PROVIDES THIS PUBLICATION “AS IS,” WITHOUT WARRANTY OF ANY KIND, EITHER EXPRESS OR IMPLIED, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE. Some jurisdictions do not allow disclaimer of express or implied warranties in certain transactions, therefore this disclaimer may not apply to you.
- The specifications on this page may not be available in all regions, and may be changed or updated without notice.



intel



intel



intel



intel



intel



intel