

ELITE
CHANGE YOUR RIDE

DIRETO XR

elite-it.com





INDOOR WORKOUTS HAVE NEVER BEEN SO COMPLETE

A new indoor cycling home trainer, the **DIRETO XR**, will enhance your Elite's indoor workout environment.

A natural evolution of the best-selling Direto and Direto X, the **DIRETO XR** promises to be the ideal home trainer to complete your cycling setup with a ready-for-use, accurate and powerful tool - it's also compatible with all that's new from Elite for the upcoming season on your bicycle.

On the strength of a **1,5% accuracy** ensured by the **integrated OTS power meter**, the **DIRETO XR** immediately gets the top spot among Elite's home trainer range for its enhanced pedalling roundness, the improved flywheel and an ultra-realistic gradient simulation, which is able to **replicate a staggering 24% slope value**.

Pre-assembled by virtue of the **pre-installed Shimano® 105 (or equivalent) 11-speed cassette**.

ULTIMATE ACCURACY

The **DIRETO XR** is the world's only home trainer, together with Elite's Direto and Drivo range, that really measures power output via an **integrated power meter**, the **OTS (Optical Torque Sensor)**.

OTS is an innovative and integrated power meter that measures how much power you exercise on pedals with **± 1,5% accuracy on the DIRETO XR**, which is 0,5% more accurate than the first Direto.

This is why **DIRETO XR** is one of the most accurate commercially available home trainers, the ideal tool for a scientifically accurate monitoring of your cycling performances.

READY FOR USE, WITH INCLUDED CASSETTE

A significant feature of the **DIRETO XR** is its Plug & Play configuration, ready for use right away.

The home trainer comes pre-assembled, featuring a **pre-installed Shimano 105 (or equivalent) 11-speed cassette**.

This is ideal to start working out as quickly as possible, with no need to install the sprocket cassette or the home trainer legs: just unfold the snap-action support legs, install your bicycle and connect it to a power source. Total setup time: less than five minutes.

WORKOUT AS IF YOU WERE OUTDOORS, UPHILL AND DOWNHILL

Compared with the DIRETO X, The **DIRETO XR** simulates **up to 24% gradients**, 6% more than what the DIRETO X can do, thus ensuring top performances even on the most intense workout sessions.

THE QUIETEST EVER

After the success of the Direto X, Elite's R & D department redefined the mechanics of the **DIRETO XR** by achieving **unmatched noise reduction levels**.

These developments rank the home trainer among Elite's quietest, by virtue of its **direct transmission** configuration, where the rear wheel is removed and the chain connects to the cassette on the home trainer: the only noise you'll hear is the chain itself when you're shifting gears while working out.

This is the definitive option to enjoy a quiet workout environment.

GREAT COMPATIBILITY

DIRETO XR is compatible with both road and mountain bikes, with 130-135 x 5mm hubs with quick clamping system and 142 x 12mm with thru-axle.

You can find adapters on www.shopelite-it.com to ensure compatibility with 135 x 10-12mm (cod. 10143036) and for rear 148 x 12mm (cod. 1014303) Boost hubs.

Thanks to the implementation of a new design for the installed chain guard, the home trainer accommodates long cage derailleurs distinguished by an increased range and capacity on the sprocket set **up to 12 speed**. This is how the **DIRETO XR** is compatible with 9/10/11 speed Shimano®/SRAM, 9/10/11/12

speed Campagnolo, 12 speed SRAM NX and 12 speed Shimano® micro Spline cassettes.

The freehub bodies specific for Campagnolo, SRAM XD/XDR, 12 speed SRAM NX and 12 speed micro Spline Shimano® are available on www.shopelite-it.com.

TRAIN ON ZWIFT AND MY E-TRAINING

As with all Elite's direct transmission home trainers, the **DIRETO XR** is part of the **ANT+™ FE-C** and **Bluetooth** interactive home trainers range.

This means total interaction with apps, software, computers and devices (smartphones and tablets) with **iOS, Android, MacOS** and **Windows**.

Anywhere, anytime, with just a few clicks, you just set the course of the workout program and start pedalling: **DIRETO XR** handles the rest, by automatically adjusting resistance to manage your workout autonomously based on your needs.

Also included in the box of the **DIRETO XR** is a **12-month free subscription to Elite's My E-Training software**.

Thanks to the cooperation between Elite and Zwift, anyone purchasing a **DIRETO XR** will get a **free 1-month subscription to Zwift**.

DIRETO XR is also compatible with all the other commercially available indoor cycling platforms such as TrainerRoad, Rouvy, Kinomap, Bikevo and many more.

STABLE AND EASY TO TRANSPORT

DIRETO XR is a very stable and accurate home trainer.

Easy to transport, use and store after use thanks to its foldable legs, this home trainer is distinguished by its extraordinary stability even on out-of-the-saddle sprints.

Moreover, the **scratch-proof adjustable feet** make it possible to vertically adjust the bicycle's position even when the floor isn't completely flat.

DIRETO XR also includes Elite's Travel Block front wheel support, perfect to find the most comfortable position while working out.

SENSORLESS TECHNOLOGY

Every home trainer by Elite immediately sends **power, speed and cadence data**, thus becoming effective instruments to plan your own workout program and replicate outdoor workouts as faithfully as possible.

On the **DIRETO XR** cadence is measured via a practical sensorless technology, that is no sensors to install on your bicycle, based on a sophisticated power output analysis measured by the integrated OTS power meter.



FEATURES

HOME TRAINER TYPE	Interactive direct transmission with electronically managed magnetic brake
POWER METER	Integrated OTS (Optical Torque Sensor)
ACCURACY	± 1,5%
WIRELESS COMMUNICATION	ANT+™ (FE-C, Power, Speed&Cadence) and Bluetooth (FTMS, Power and Speed&Cadence)
MAX SLOPE SIMULATED	24%
MAX POWER	1100 Watt (20km/h) - 2300 Watt (40km/h)
CONTROL VIA	Smartphone, tablet, bike computer, sports watches, Windows and Mac. Computer ANT+™ and/or Bluetooth
COMPATIBLE WITH	My E-Training software & app Zwift, Trainer Road, Bikevo, Kinomap, The Sufferfest and more
OUTPUT	Power, speed and cadence (heart rate if connected to a heart rate monitor, not included)
FLYWHEEL	5,1 kg
BIKE COMPATIBILITY	Road bikes, Mountain bikes, City bikes - including carbon ones, with 130-135 x 5mm hubs and with quick clamping system and 142x12mm with thru-axle (an adapter for 135x10-12mm and rear 148x12mm Boost hubs is available)
CASSETTE COMPATIBILITY	9/10/11 speed Shimano®/SRAM, 9/10/11/12 speed Campagnolo, 12 speed SRAM NX, 12 speed micro Spline Shimano®. A specific freehub body is required for Campagnolo compatibility. A specific freehub body is required fir SRAM XD/XDR compatibility. A specific freehub body is required for 12 speed micro Spline Shimano® compatibility. Available on www.shopelite-it.com .
CONNECTION INDICATOR	Power source, ANT+ and Bluetooth (3 LED LED lights)
FIRMWARE UPDATE AVAILABLE	Yes
INCLUDES	12-month free subscription to My E-Training software & app 1-month free subscription to Zwift app
SPECIFICATIONS	
ELECTRICAL REQUIREMENTS	Input 100-240 volts 50-60 hz 6A - Output 12 volts 1,5A
DIMENSIONS OPEN (L X W X H)	650 x 840 x 550 mm / 25.6" x 34" x 21.6"
DIMENSIONS FOLDED (L X W X H)	650 x 300 x 550 mm / 25.6" x 11.8" x 21.6"
WEIGHT	16,2 kg