

Bathroom scale Bluetooth® enabled



Reference: DOM455
Version: 1.4
Language: English



Instructions for use

You have just purchased a LIVOO product and we thank you for it. We take great care in the design, ergonomics and ease of use of our products. We hope that you will be completely satisfied with this product.

This instruction manual is also available on our website www.livoo.fr

READ ALL OF THESE INSTRUCTIONS CAREFULLY BEFORE USING THE UNIT AND SAVE THEM FOR FUTURE USE.

SAFETY INSTRUCTIONS

PLEASE TAKE THE TIME TO READ THE OPERATING INSTRUCTIONS CAREFULLY BEFORE USING THE PRODUCT FOR THE FIRST TIME. Improper use of the device can damage it or injure the user. Make sure that you use the device for the purpose for which it was designed; we accept no liability for damage (compensation) due to incorrect use or mishandling.

1. This appliance is intended for domestic use only. Any other use (medical, professional, commercial, etc.) is excluded.
2. Children should be supervised to ensure that they do not play with the appliance.
3. Keep this appliance indoors and in a dry place.
4. Do not immerse the unit in water or any other liquid.
5. Do not store any objects on the scale.
6. To avoid risk of injury, do not stand on the edges of the scale.
7. To prevent slipping, make sure that your feet and the scale are dry and free of dust before getting on the scale.
8. Do not disassemble the scale.
9. Avoid strong vibrations or shocks, such as dropping the scale on the floor.

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10. Always place your scale on a hard, level surface. Avoid carpets and rugs.
11. Do not use the scale on a slippery surface or on a wet floor.
12. Keep the scale away from heat sources (radiators, etc.) to avoid deformation of plastic parts.
13. Do not store the scale in an upright position.
14. Use only the type of battery specified in this manual.
15. Replace the batteries when they are worn out or leak.
16. Remove the batteries if the appliance is not used for a long period of time.
17. Do not disassemble the scale as improper handling may result in injury to persons or damage to the scale.

Main characteristics

- High-precision strain gauge sensor system that guarantees accurate results
- Capacity: 6kg-180kg
- Division: 50 g
- Different possible profiles
- Baby mode
- LED Display
- Automatic start and stop
- Low battery and overload indicator
- Changeover with three different units: kg/lb/st
- 3 x 1.5 V batteries, type AAA in the back compartment (observe polarity)

To change the batteries, open the cover on the back, place the batteries in the battery compartment and insert the cover.

Attention

1. Please remove your shoes before weighing yourself to avoid scratching the glass platform.
2. The glass platform may be slippery when wet, make sure the glass and your feet are dry before climbing on the scale.
3. Use a soft cloth with an alcohol-based cleaner to clean the surface. No soap or other chemicals. Keep it away from water, extreme heat or cold.
4. The scale is a high-precision measuring device. Never jump on the scale or disassemble the scale and

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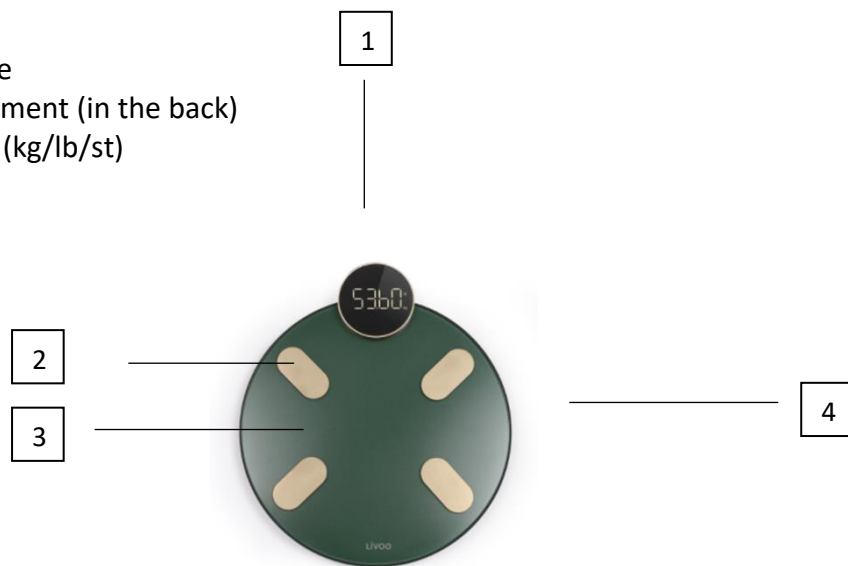
handle it carefully to avoid dropping it.

5. The scale is intended for household use only and is not suitable for professional use.
6. Please check the battery if the scale operates abnormally. Replace the battery if necessary. For any other problems, please contact your local dealer or our company directly by phone or email.

DESCRIPTION

Face avant :

1. LED display
2. Metal sensors
3. Weighing surface
4. Battery compartment (in the back) and unit change (kg/lb/st)



Due to continuous improvements, this product is subject to change without notice.
The appearance and color of the product may change depending on the actual object.

Power supply

Open the battery cover on the back of the scale and insert the batteries into the battery compartment, observing the correct polarity. Please note that incorrect polarity will cause damage to the electronic parts of the scale.

Note: New and old batteries cannot be used together. You cannot use rechargeable batteries for this device. Before inserting the batteries, make sure that the battery contact points in the device are clean.

- Please remove the batteries from the scale when they are discharged or if you do not use the scale for a long period of time.

Recommendations:

- This appliance is intended to be used for determined body weight and analyze the proportion of water and body fat as well as muscle and bones mass in the body. It can also calculate the body mass index. (BMI).

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- The analysis of the body is not suitable for people under the age of 10 or over the age of 70. We recommend that these people of 10 or over the age of 70. We recommend that these people only use the conventional weighing mode.
- Except for determining body weight, the other functions of the device may not be used by persons under 10 years of age or over 70 years of age.
- The BMI function is only suitable for calculating the ideal weight for adults aged 18 and above. The app is unable to display this function for those who are under 18 years old.
- Please note that the results which are calculated are only reference values and act as a guideline. Moreover, different values may occur in the case of performance athletes or people who are being treated with medicines. You are explicitly advised against using the results as the basis for any form of medical treatment or diet! You must consult your doctor if you have any questions about your weight.

Note : The set of body analysis scales is not suitable for the following people:

People with a pacemaker or another medical implant with electronic components. The correct functioning of the implant could be impaired or endangered.

People with symptoms of fever, edema or osteoporosis

People undergoing dialysis treatment

People who are taking cardio-vascular medication

- The scale can withstand a maximum body weight of 180 kg maximum. A higher weight may damage the appliance.
- Weight yourself without clothing and barefoot. To make it easier to compare results it's advisable to always weight yourself at the same time (preferably in the evening, before eating). And under the same circumstances.
- Place yourself correctly on the contact areas.
- Measurement of the body fat and water content as well as muscle and bone mass is only possible with bare feet.

Note: The scales round up the weight to whole 100 g and react to a minimum weight of 6 kg.

Indicator

Different indicators:

- | | |
|------------------------|------------------------|
| • Weight | • Muscle mass |
| • BMI | • Bone mass |
| • Visceral fat | • Protein rate |
| • Body Fat in % | • Basal metabolic rate |
| • Body water | • Body age |
| • Skeletal muscle rate | • Height record |

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The scale can contain several profiles in memory.

There may be measurement errors in the event that:

- are involved in professional or intensive high level sports.
- are over 70 years old
- are less than 10 years old

However, the so-called "normal" weight function remains effective.

USING YOUR APPLIANCE

Conventional Weighing (without the IOS / Android dispositive):

1. Place the scales on a dry and firm base (avoid carpets).
2. Touch the scale with your foot to activate the display.
3. Wait until the display shows '0.0' (kg / lb / st).Note :

Note: if you need, you can choose the measure unit the appliance should use, in kilograms (kg), pounds (lb) or stone (st).

4. Get on the scale.

Note: For an accurate result, please stand calmly on the sensors of the scale.

5. Once the body weight has been established, the number on the display begins to flash. You can now get off the scales.
6. The scales switch off automatically after a few moments.

Weighing yourself with the application

1. Select the user by clicking Me--> Manage Users, then add personal data. The scale can recognize which user is stepping on it and remind the user to change the correct user.
2. Place the scale on a flat, stable and dry surface.
3. Touch the scale with your foot to activate the screen.
4. Wait until the display shows '0.0' (kg/lb/st).

Note: If necessary, you can choose the unit of measurement you wish to use, kilograms (kg) in pounds (lb) or stone (st). The change is made with the button on the back of the unit.

5. Stand on the scale barefoot.

Note: For an accurate result, please stand calmly on the sensors of the scale.

6. The number on the display flashes when the scale is weighing and analyzing.
7. Continue to stand on the scale until on the application, the circle is stable and indicates "Test complete". Your phone has received all data from the scale.

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8. When the weight is established, it will appear on the display and you will find all the data.
9. The scale turns itself off after a few seconds.

Setting and storing personal data in memory

In order to be able to use all the functions of your scale, you will need to download the "Fitdays" application from the App Store or Google play store. You can also scan the QR code to download the application. Without the application, you only can use the weighting function in kg.

QR CODE :



Activate the Bluetooth® function on your phone or tablet to make the application work.

Compatibility:

Bluetooth body health scale is for use with devices with iOS/Android system.

iOS	Android
BT 8.0 or newer devices	BT 6.0 or newer devices

Download the application « Fitdays » before strating the scale to your IOS/Android device. You have the possibility to create 8 profiles on this application.

Create a profile:

You can enter your own user profile in the app directly after registering. Once you have entered all the data, select DONE. You automatically move to the main menu. Further user profiles are entered using the plus button in your profile

The different steps for to connect your phone or tablet to the app « Fitdays »

1. Be assured that the network of your phone or tablet working properly
2. Register an account by e-mail.
3. Enter the correct personal information, including gender, height and age.
4. Be sure that the Bluetooth of your phone is activated, and that the GPS and localisation are also activated if your phone is fitted of Android system.
5. Step on the scale bare feet to turn it on, the home page will indicate "Connected". It means that the automatic coupling was successful. If the home page shows "Disconnected", please click on mine ---> My device to pair the scale.

If you have difficulties connecting your application and your scale:



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1. On the application go to the "My Profile" tab and select "Device".
2. If your balance is not displayed, select the "+" in the top right corner of the application.
3. The application will then search for a new device.
4. Your scale should be displayed directly.
5. If not, check that Bluetooth connection is allowed for this application.
6. Once the settings have been made, restart the device search. The connected scale "My scale" should be displayed. Select it and you will be connected.

To measure the different body data correctly:

1. Place the scales on a dry and firm base (avoid carpets) to obtain a reliable result.
2. Turn on your smartphone's Bluetooth feature
3. Open the app, the connection is supposed to be automatic.
Note: Connect only one smartphone at a time to the scale.
4. Be sure your homepage show « Connected ».
5. Keep the app in the home page or click on "Measure".
6. Get on the scale slowly, dry and barefoot. Stand upright on the scale and touch uniformly the electrodes evenly.
7. The number on the display flashes while the scale is weighting and analyzing all the information.

Your phone or tablet will then receive the body information measured and display "FINISHED" under your weight.

Determine the proportion of water and fat in the body, the mass of muscle and bone, calculate the body mass index (BMI):

1. Place the scales on a dry and firm base (avoid carpets) for getting a reliable result.
2. Press lightly on the scale, it will turn on automatically
3. Display show 0.0 after few seconds.
At this time, the symbol Bluetooth® flashes, indicate that the Bluetooth® is waiting for connection and synchronization. (If nothing is writing, please check if the batteries are correctly installed).

Setting the unit of measurement

In the setup/extras menu, you can choose the desired unit of measurement (kg, lb, st). Select kilograms "Kg". Or use the button on the back of the unit.

Choose the language:

The application will automatically select the language of the smartphone unless this language is not available in the application choice, in which case English will be chosen by default.

My scale:

With this function, you will be able to connect your smartphone to you scale if the automatic connexion has failed.

- Login: Launch the search. The application will search for the connection from a list of scale references.



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- Choose in the list of reference, your scale. The application will connect your scale and your smartphone.
 - Log off : select your scale from the list of connected appliance. The application will disconnect your smartphone from the scale.
1. Stay in place on the scale, barefoot and in contact with the sensors.
 2. When the weight is established, the numbers will flash on the display, and the other values are calculated automatically after that.
 3. Stay well in place on the scale until it turns off or until all values are visible in the application on your smartphone.
 4. These values are displayed in the menu in the order shown below :
 - WEIGHT
 - BMI (Body Mass Index)
 - Body fat content
 - MUSCULAR MASS
 - HYDRIC MASS
 - BONE MASS
 - MMI (Muscle Mass Index)
 - BMR (Basal metabolic rate)
 5. Beside your values is displayed either: they are in the "standard" average, or they are too high or too low in relation to the average values.
 6. You can select one of those values to access for more details.

Weight in memory:

This function allows you to:

- Enter the weight that you want. Every time that you want to connect at the application, it will remind you how you want to go to your weight.
- Keep two weights in memory.

Other functions:

Statistics:

You can also access your daily, monthly and yearly statistics in the main menu:

To do so, drag the screen from the bottom to the top, the menu goes to the second page.

You can use additional functions via the menu setting/extras, in each menu you can select "back" to return to the menu setting/extras.

Share this:

This feature allows you to share your values with family, friends and people you know via various platforms.

Feedback information:

Allows you to give your opinion.

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Error messages:

Example of error messages that may appears on the display.

Display	Signification
LO	Please change new batteries when you see "LO" on the scale display, which means batteries are out of power.
Err	Please step off the scale when it shows "Err", to avoid damaging the scale, which means overload. Notice the max capacity is 180kg(400lbs);
C	Error during measurement. Please step off the scale and step onto it again to repeat the measuring process.

Wrong specifications :

Specifications	Possible explanations
Unrealistic values for fat and water measurement	Grease contains little water. This may mean that the amount of water in the body is below the limit set for people with high fat. Conversely, in well-trained athletes, the limits may be exceeded due to low fat and a high proportion of muscle.
Incorrect weight	The scale is placed on an unstable surface (for example: carpet).
No analysis values are displayed.	Correct the position of your feet. They must be dry and bare, well positioned on the metal parts.
The scale is producing inconsistent weight	Check whether the scale is on a hard, flat surface. Check each sensor foot on the back to make sure nothing is stuck to the bottom of it. Remove the batteries to restart the scale
The App is display the incorrect fat-muscle ratio	The body parameter setting is incorrect, check to make sure you entered the correct gender, height, and age.
No body fat data measured when weighing	User must be bare foot to measure the body fat. Make sure your feet and the scale are both dry. Scale not finishing weighing when the number display is flashing (Keep standing on the scale around 10 second until the number on the display stops flashing). Bluetooth is not turned on. Bluetooth is paired with a difference scale.
Bluetooth not connected	The scale and smart phone must be both have Bluetooth on. Check the OS version of your smart phone, it must be iOS 8.0 or higher/Android 6.0 higher. Click Me--->My device find the scale ID.

Why is the internet necessary for the application to work?

The Fitdays application will help you to save all your measurement via a server. So, it's important that the internet function on your phone or tablet is turned on for:

1. Register and connect to your account
2. Add new user and revise information
3. Pair or delete scale device
4. Revise setting.

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How to use the app

Change personal information?

Choose the "My Profile" tab, and the different profiles you have saved on your application will be displayed. Choose yours. You can then change your information. Once you've made the changes, click "Confirm".

How to use baby mode for weighing?

Click on "Analyse" and select the "+" in the upper right hand corner, and select "Baby mode". At first, stand on the scale to test the adult weight first. When the data on scale stop flashing, step off the scale, then hold the baby and test together.

After finished, the scale will calculate the baby weight and remind to set a new account or ask to manually recognize the data.

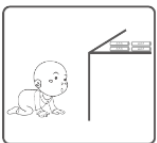
Note: For user under 18-months-old, App will enter into baby mode automatically when measuring.

Cleaning and maintenance

ATTENTION !

- Do not immerse the appliance into the water.
- Do not use any detergents or abrasive objects to clean the scale as this will damage the surface
- Clean the surface of the scale with a soft damp cloth.
- If you do not use the scale for a long period, remove the batteries and store it in a dry place, out of direct sunlight and out of the reach of children.

Battery usage and recycling advices:



* Keep the batteries out of the reach of children



* Do not mix old batteries with new ones, with different compositions or different brands to avoid possible leakage or explosion.

* Do not heat or deform the batteries or expose them to fire.



* Do not dispose the batteries with your household garbage.

* Please check with your local authority for battery recycling advice. In order to protect the environment, and dispose of batteries in accordance with applicable regulations. Do not dispose of the batteries in your household waste. Drop them off in the nearest battery container or take them back to your store.

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EU DECLARATION OF CONFORMITY

We, DELTA, BP61071, 67452 Mundolsheim - France, declare under our own responsibility that the article, Bluetooth® compatible bathroom scale, DOM428, complies with essential health and safety requirements. This product meets the main requirements and other applicable provisions of the RED Directive 2014/30 / EU.



**Correct Disposal of this product
(Waste Electrical & Electronic Equipment)
(Applicable in the European Union and other European countries with separate collection systems)**

The European Directive 2012/19/EU on Waste Facilities Electrical and Electronic (WEEE)

This marking shown on the product or its literature, indicates that it should not be disposed with other household wastes at the end of its working life.

To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate this from other types of wastes and recycle it responsibly to promote the sustainable reuse of material resources.

Household users should contact either the retailer where they purchased this product or their local authority office, for details of where and how they can take this item for environmentally safe recycling.

Disposal of batteries and accumulators (Applicable in the European Union countries and in the other European countries having systems of selective collection)



This symbol, affixed on batteries and accumulators or on packaging, indicates that batteries and accumulators supplied with this product must not be treated as simple household waste.

By assuring you that these batteries and accumulators are discarded in a appropriate way, you participate actively in the prevention of the negative consequences which their ill-treatment could cause on the environment and on the human health. The recycling of materials contributes besides to the conservation of natural resources.

For the products, which, for safety reasons, of performance or integrity of data require a permanent connection in a battery or in an accumulator, it will be advisable to move closer you to check with technical service qualified to make its replacement.

By bringing back your electric device at the end of life to an appropriate point of collection you make sure that the battery or the incorporated accumulator will be correctly treated.

For all other scenarios and to remove battery or accumulators in complete safety of your appliance, refer to the user manual. Bring back batteries or worn accumulators to the point of collection suited for the recycling.

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Instructions for use

For any further information about the recycling of this product or batteries and accumulators, you can contact your municipality, your local waste reception center or the point of sale where you bought this product.



Pour en savoir plus :

www.quefairedemesdechets.fr

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- Photo no contractual.
- Worried about the quality of his products the manufacturer reserves the right to make modifications without advance notice.