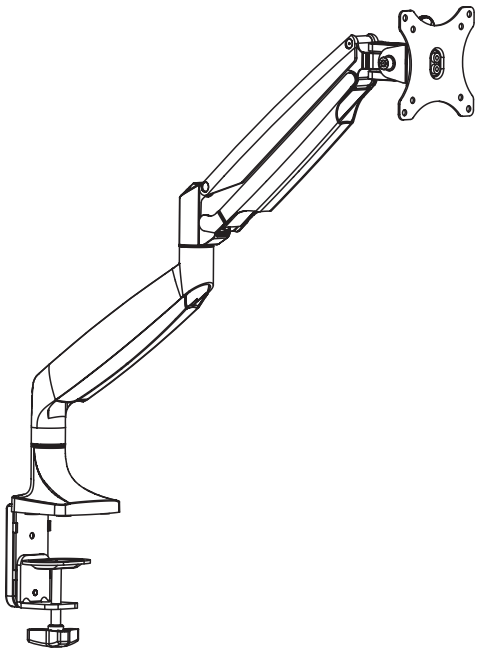
User Manual



Pneumatic Arm Single Monitor Desk Mount

STAND-V001Q Series

Individual Product SKUs

STAND-V001Q *STAND-V001QW*

⚠ WARNING ⚠

If you do not understand these directions, or if you have any doubts about the safety of the installation, please contact our product support team at 309-278-5303 or help@vivo-us.com for further assistance. Check carefully to make sure there are no missing or defective parts. Failure to report missing parts within 30 days may result in denial of free replacement. Improper installation may cause damage or serious injury. Do not use this product for any purpose that is not explicitly specified in this manual. Do not exceed weight capacity. We cannot be liable for damage or injury caused by improper mounting, incorrect assembly or inappropriate use.



WARNING: CHOKING HAZARD

SMALL PARTS - NOT FOR CHILDREN UNDER 3 YEARS. ADULT SUPERVISION IS REQUIRED.



WEIGHT LIMITS: 2.2-19.8lbs(1-9kg)

DO NOT EXCEED OR FALL SHORT OF STATED WEIGHT LIMITS. Exceeding the maximum may result in product failure, damage to monitor, and/or personal injury. Using less than minimum may cause instability or limit overall function.



TIPOVER WARNING

SERIOUS OR FATAL CRUSHING INJURIES CAN OCCUR FROM TIPOVER.
TO HELP PREVENT TIPOVER:

- DO NOT EXTEND ARM TOO FAR FORWARD OR BACKWARD
- NEVER ALLOW CHILDREN TO CLIMB, STAND, OR PLAY ON ANY PART OF MONITOR MOUNT
- USE TIPOVER RESTRAINT TO REDUCE (BUT NOT ELIMINATE) RISK OF TIPOVER

ALWAYS EXERCISE CAUTION WHEN ADJUSTING THE PLACEMENT OF YOUR MONITOR.

Need Help? We're Here For You

US-Based Customer Support from Trained Professionals

Monday-Friday from 7am-7pm CST
Saturday 8am-4pm CST



Email Us
help@vivo-us.com



Chat with Live Agent
www.vivo-us.com

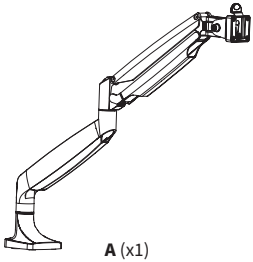


Give Us a Call
309-278-5303 ext. 1



Assembly Video & Product Info
www.vivo-us.com/products/stand-v001q

Package Contents



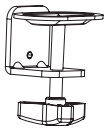
A (x1)
Arm



B (x1)
VESA Plate



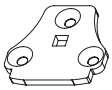
C (x1)
Clamp Base Support



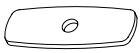
D (x1)
Clamp



E (x1)
Cable Clip



F (x1)
Base Support



G (x1)
Support Plate



H (x1)
Knob



I (x2)
Pad

Included Hardware & Tools



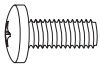
S-A (x1)
M8x105mm
Screw



S-B (x5)
M6x10mm
Screw



M-A (x4)
M4x12



M-B (x4)
M5x12



M-C (x4)
M5 Washer



T-A (1)
4mm Allen
Wrench



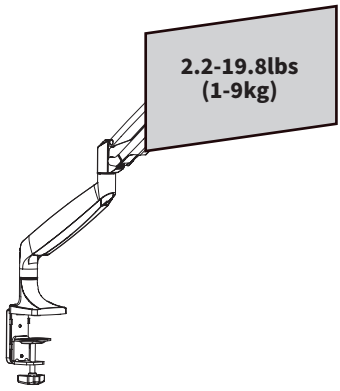
T-B (x1)
6mm Allen
Wrench

Tools Needed



Phillips Screwdriver

Weight Limit:



Assembly Steps

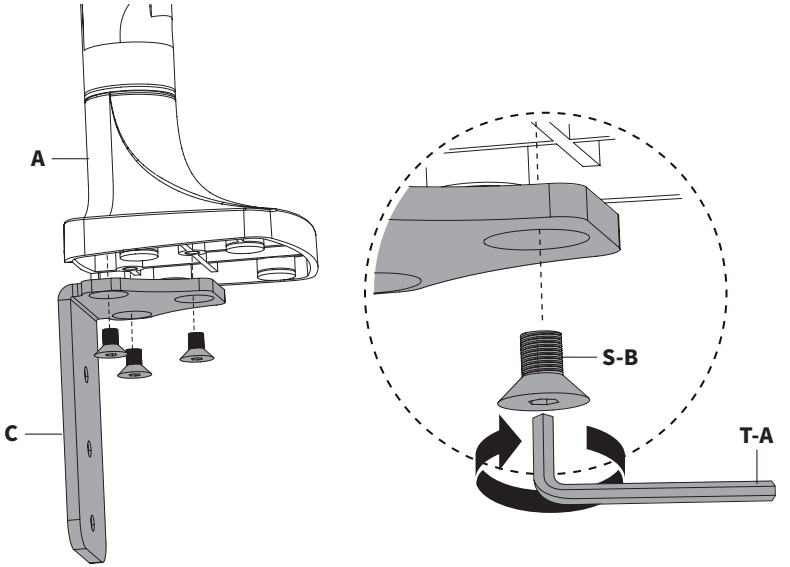
STEP 1

– Option 1 –

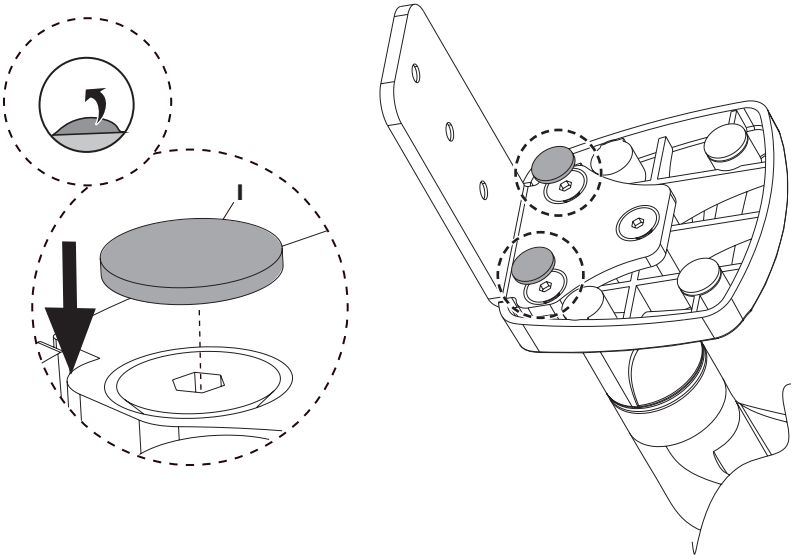
Clamp Installation

*For Grommet Installation, go to **page 7***

Install Clamp Base Support **(C)** onto base of Arm **(A)** with M6x10mm Screws **(S-B)** using 4mm Allen Wrench **(T-A)**.



Remove adhesive backing from Pads **(I)** and apply to bottom of Arm Assembly as shown.

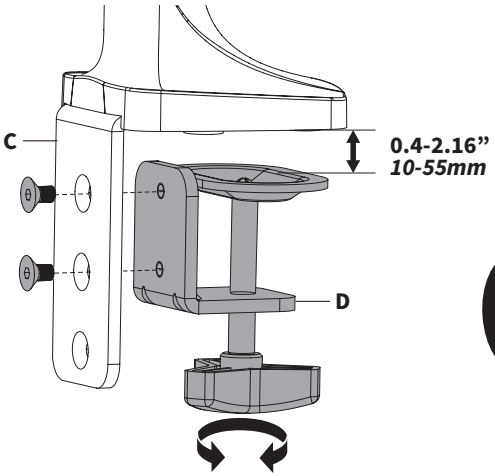


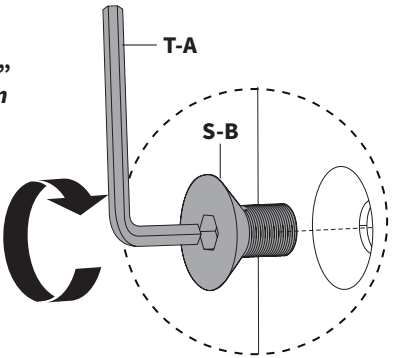
STEP 2

Check the thickness of your desktop and follow the corresponding instructions

For 0.4” to 2.16” (10–55mm) Desktop Thickness

Secure Clamp **(D)** to the **upper** two holes of Clamp Base Support **(C)** with M6x10mm Screws **(S-B)** using 4mm Allen Wrench **(T-A)**.

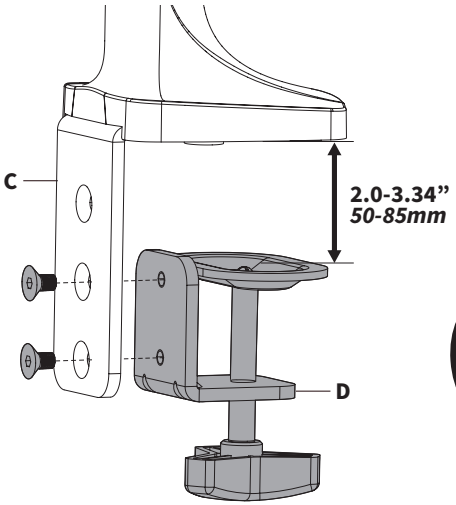


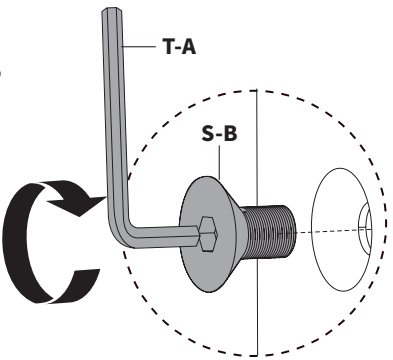


OR

For 2.0” to 3.34” (50–85mm) Desktop Thickness

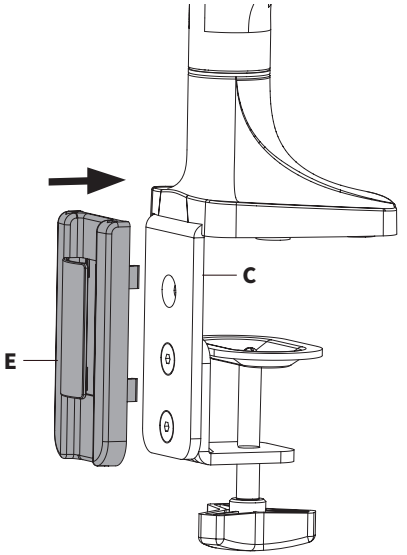
Secure Clamp **(D)** to the **lower** two holes of Clamp Base Support **(C)** with M6x10mm Screws **(S-B)** using 4mm Allen Wrench **(T-A)**.



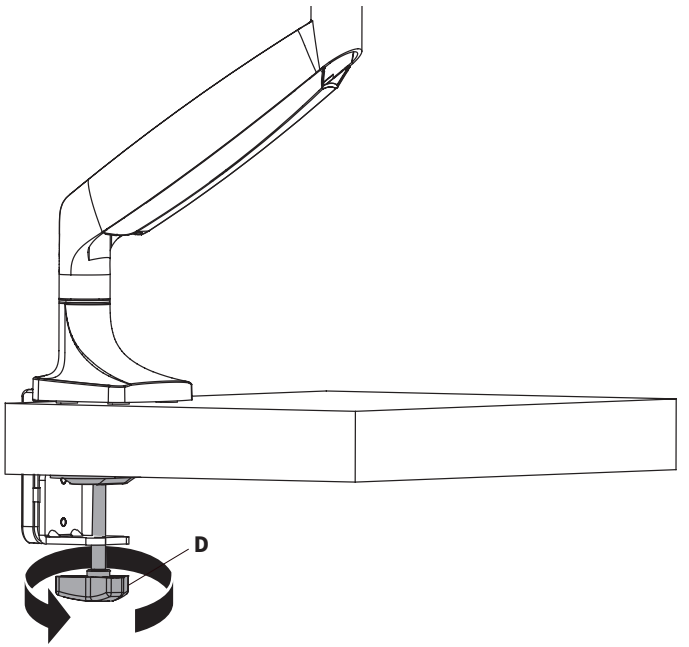


Clamp Installation - *Cont'd*

Attach Cable Clip **(E)** to Clamp Base Support **(C)**.



Attach Arm Assembly to your desktop and secure by tightening the knob on Clamp **(D)**.



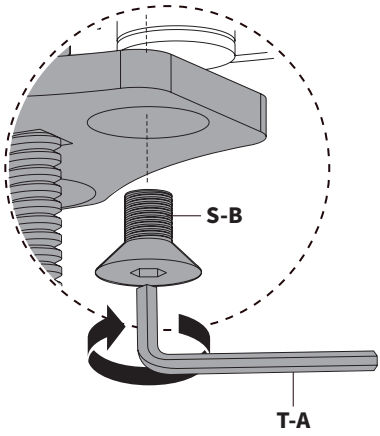
Proceed to STEP 3 on **Page 9**

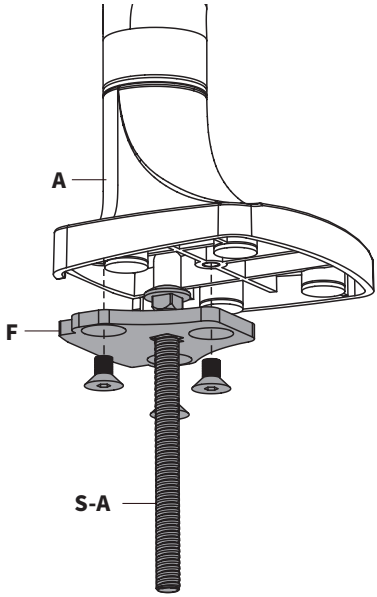
STEP 1

– Option 2 –

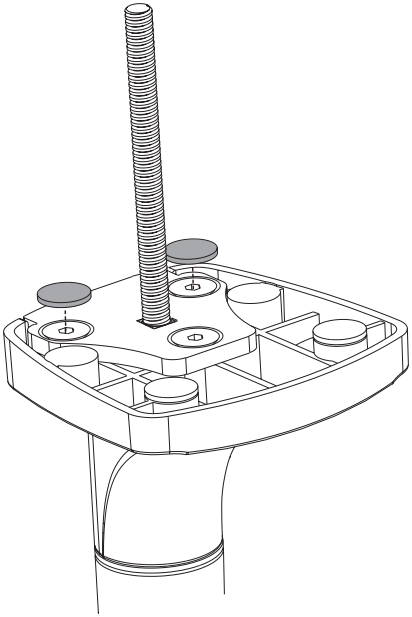
Grommet Installation

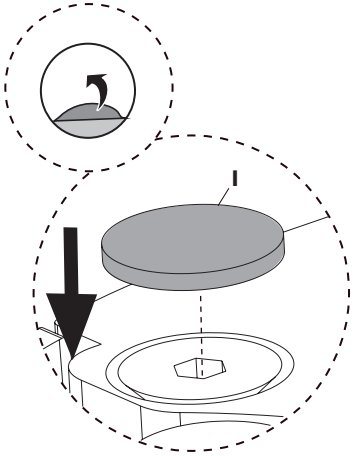
Slide M8x105mm **(S-A)** through the top of the Base Support **(F)** and attach Base Support to Arm **(A)** with M6x10mm Screws **(S-B)** using 4mm Allen Wrench **(T-A)**.





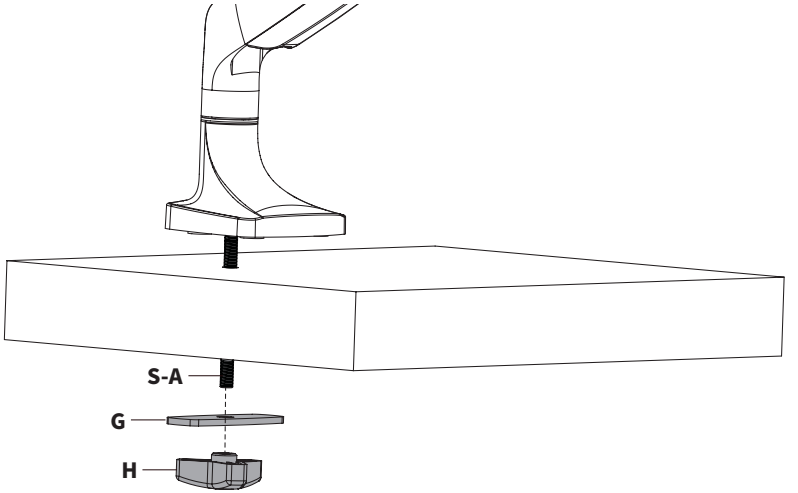
Remove adhesive backing from Pads **(I)** and apply to bottom of Arm Assembly as shown.

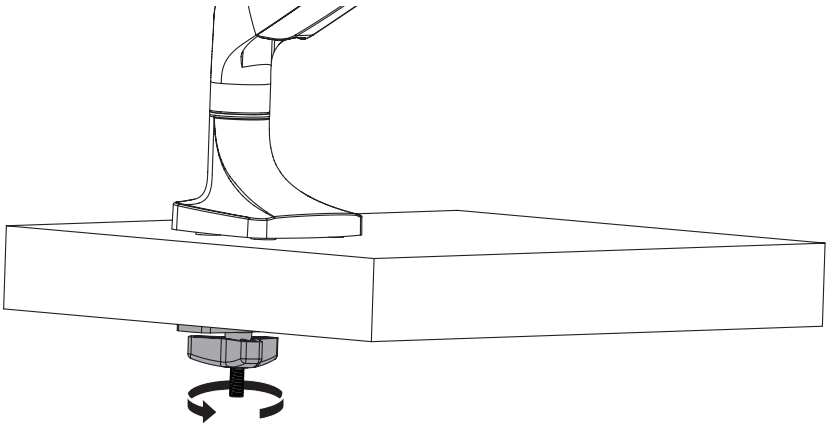




STEP 2

Position stand on desk with M8x105mm Screw **(S-A)** through hole, and secure by using the Support Plate **(G)** and Knob **(H)** on underside of the mounting surface.





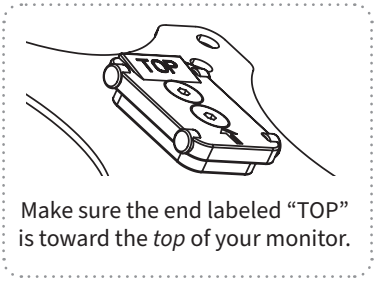


No Grommet Hole?

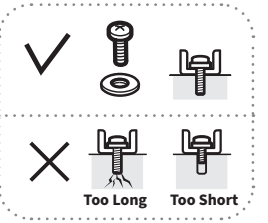
If you do not have an existing hole for installation, drill a hole through your desktop in your desired mounting location using a 3/8” (10mm) drill bit.

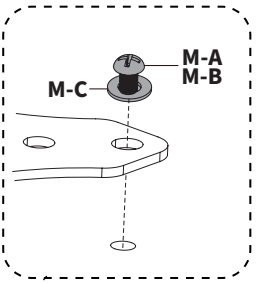
STEP 3

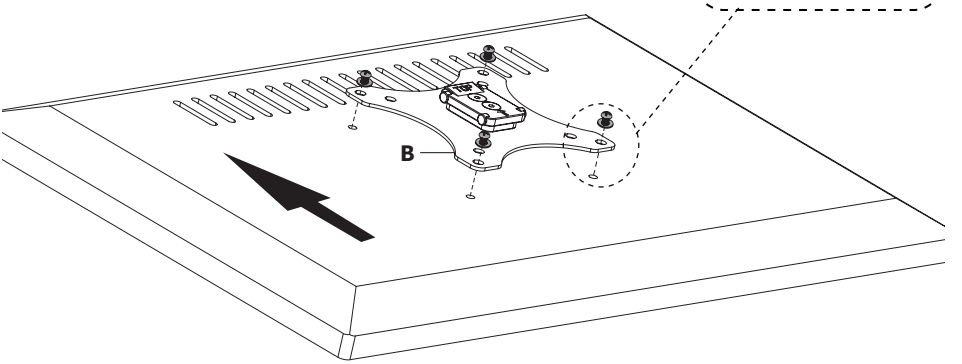
Attach VESA Plate **(B)** to the back of your monitor with appropriate Screws **(M-A or M-B)** and M5 Washers **(M-C)**.



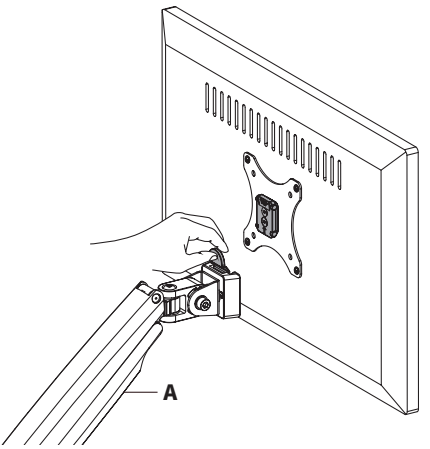
Make sure the end labeled "TOP" is toward the *top* of your monitor.

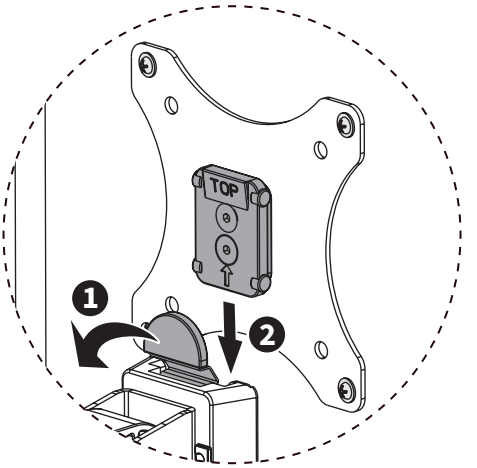






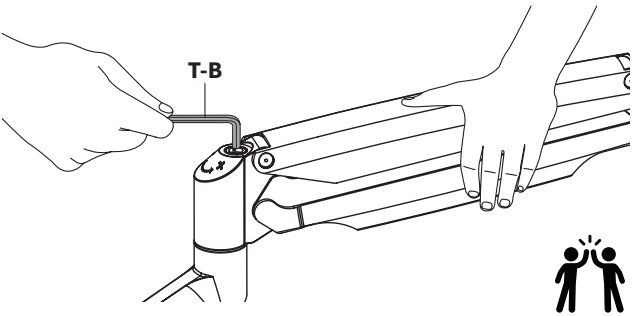
Pull back the latch on Arm **(A)**, then slide monitor into place.





STEP 4

Adjusting Monitor Height



2 Person Adjustment Recommended

1 Position the Arm

With the monitor installed, position the arm horizontally, as shown above, and firmly hold in place.

2 Insert 6mm Allen Wrench (T-B) Into Adjustment Screw

Insert the 6mm Allen Wrench **(T-B)** in to the adjustment screw on the back of the monitor arm.

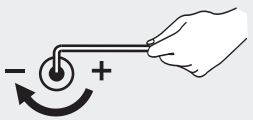
3 Turn to Slowly Adjust the Arm Support

Turn 6mm Allen Wrench **(T-B)** several times to obtain proper support for your monitor. Use the guide below to adjust the tension according to the amount of counterbalance needed to support the monitor.

Note: May requre 10-20 turns

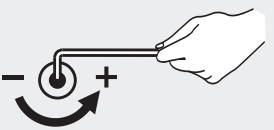
Pneumatic Tension Adjustment Guide

Clockwise: Decrease Support
[if monitor will not lower]



Turn the adjustment screw **clockwise** to decrease the support for your monitor, allowing it to be lowered.

Counter-Clockwise: Increase Support
[if monitor will not raise]



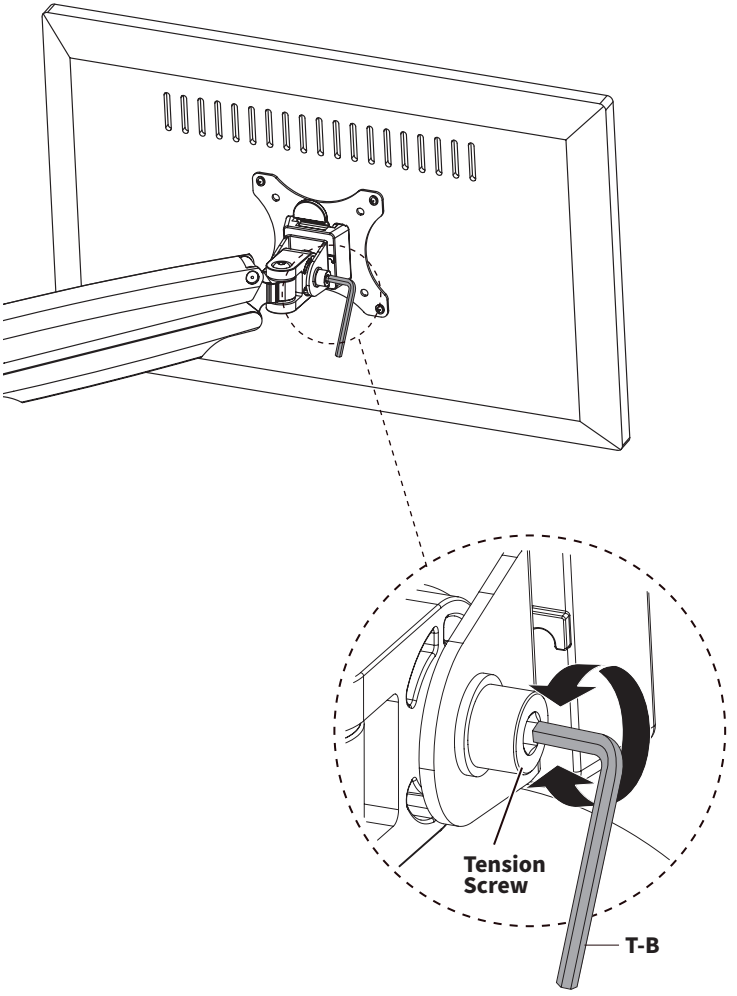
Turn the adjustment screw **counter-clockwise** to increase the support for your monitor, allowing it to be raised up.

PLEASE NOTE:

If unable to obtain proper support, ensure your monitor falls within the weight limit range of 2.2lb(1kg) to 19.8lb(9kg).

STEP 4 - *Cont'd*

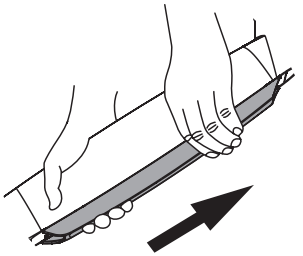
If needed, adjust the **Tension Screw** with 6mm Allen Wrench **(T-B)** to tighten or loosen the tilt angle support.



STEP 5

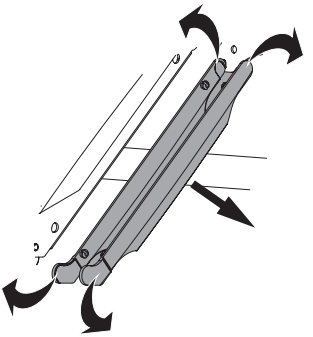
Remove the Cable Covers from the Arm **(A)**.

Lower Arm

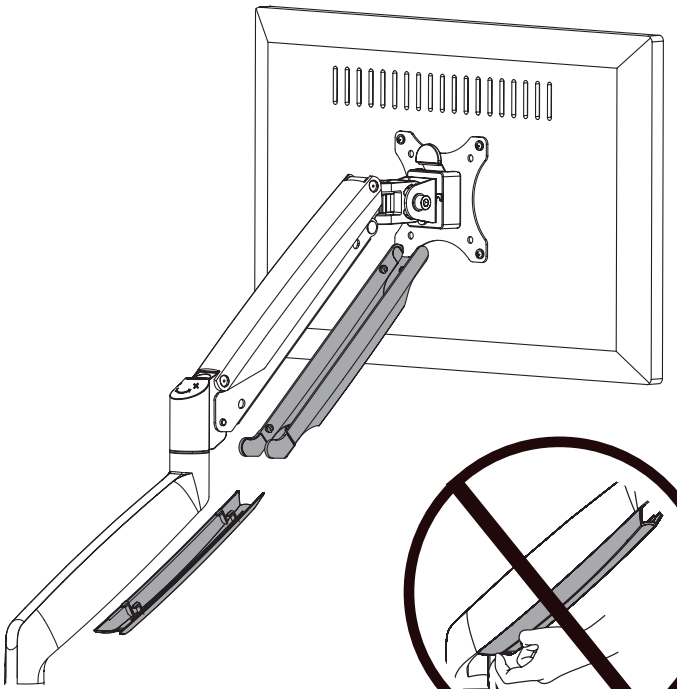


Slide Cable Cover on Lower Arm forward to remove.

Upper Arm



Pull outward on the ends of the Cable Cover to release the internal tabs from the Upper Arm, and pull downward to remove.



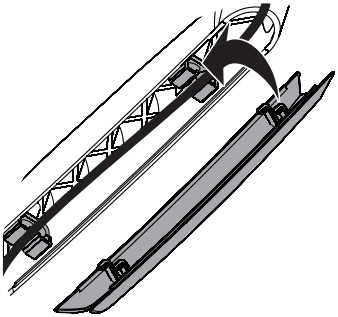
DO NOT PULL LOWER COVERS DOWN

Doing so will damage the covers

STEP 5 - *Cont'd*

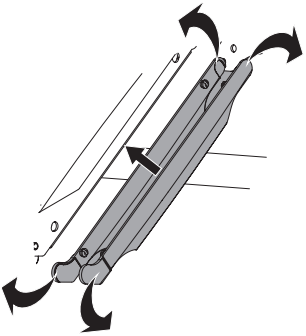
Route cables then reinstall Cable Covers.

Lower Arm

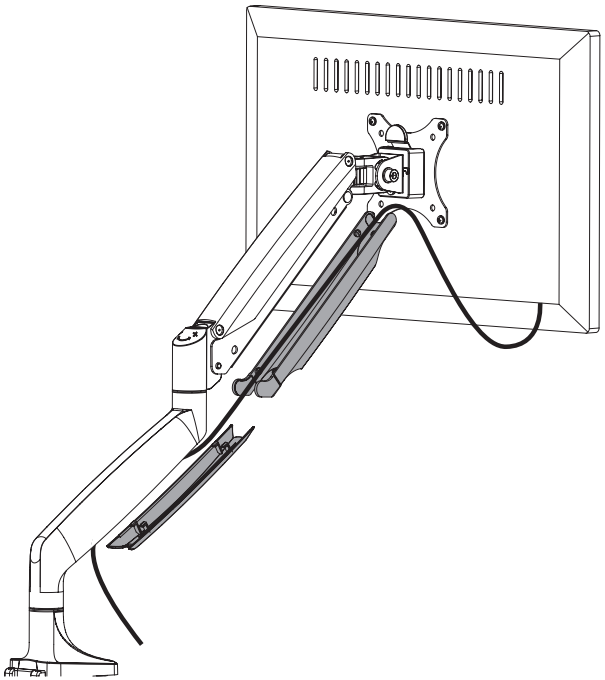


Align prongs to reinstall Lower Arm Cable Cover.

Upper Arm

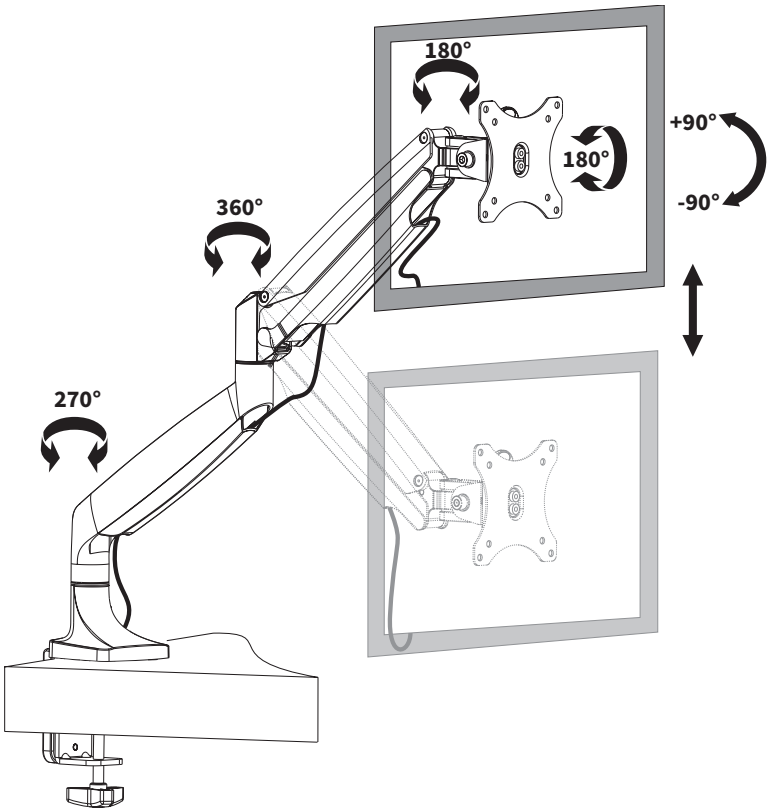


Pull outward on the ends of the Cable Cover and press it into the Upper Arm until it snaps into place.

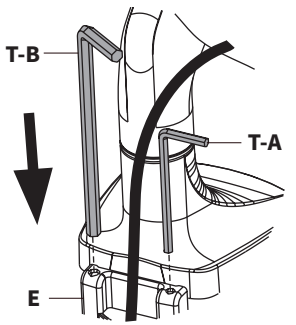


Assembly Complete

Adjust as Desired



Allen Wrenches **(T-A,T-B)** can be stored in the Cable Clip **(E)**.



V·I·V·O



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LAST UPDATED: 7/24/25
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