

PERFORMANCE

Processor

Intel® Core™ i7-1355U, 10C (2P + 8E) / 12T, P-core 1.7 / 5.0GHz, E-core 1.2 / 3.7GHz, 12MB

Graphics^[1]

Integrated Intel Iris® Xe Graphics

Chipset

Intel SoC Platform

Memory

16GB Soldered DDR5-5200 + 16GB SO-DIMM DDR5-5200

Memory Slots

Models with DDR5 memory: one memory soldered to systemboard, one DDR5 SO-DIMM slot, dual-channel capable

Max Memory^[2]

Models with DDR5 memory: up to 32GB (16GB soldered + 16GB SO-DIMM) DDR5-5200

Storage

512GB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Support^[3]

One drive, up to 2TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe 4.0 x4 slot

Card Reader

None

Optical

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, Dolby® Audio™

Camera

FHD 1080p + IR Hybrid with Privacy Shutter

Microphone

2x, 360°

Battery

Integrated 52.5Wh

Power Adapter

65W USB-C® (3-pin)

DESIGN

Display^[4]

14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC

Touchscreen

None

Keyboard

Backlit, English (EU)

Case Color

Thunder Black

Case Material

Carbon Fiber Hybrid (Top), PPS (Bottom)

Dimensions (WxDxH)^[5]

317.7 x 226.9 x 17.9 mm (12.51 x 8.93 x 0.70 inches)

Weight^[6]

Starting at 1.36 kg (3.01 lbs)

SOFTWARE

Operating System

Windows® 11 Pro, WE (EN/FR/DE/NL/IT)

Bundled Software

None

CONNECTIVITY

Ethernet

100/1000M (RJ-45)

WLAN + Bluetooth^{[7][8]}

Intel Wi-Fi® 6E AX211, 11ax 2x2 + BT5.1

WWAN

WWAN Upgradable to 4G

SIM Card

None

NFC

None

Standard Ports

- 1x USB 3.2 Gen 1
- 1x USB 3.2 Gen 1 (Always On)
- 2x Thunderbolt™ 4 / USB4® 40Gbps (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4)
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Ethernet (RJ-45)
- 1x Headphone / microphone combo jack (3.5mm)

Optional Ports (configured)

- 1x Smart Card Reader
- 1x Nano-SIM Card Slot

Docking

Various docking solutions supported via Thunderbolt / USB-C.

For more compatible docking solutions, please visit [Docking for ThinkPad® T14 Gen 4 \(Intel\)](#)

Monitor Cable

None

SECURITY & PRIVACY

Smart Card Reader

Smart Card Reader

Security Chip

Discrete TPM 2.0 Enabled

Fingerprint Reader

Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security

- Camera privacy shutter
- IR camera for Windows® Hello
- Glance by Mirametrix®
- Ultrasonic Human Presence Detection (IR camera models)

MANAGEABILITY

System Management

Non-vPro®

SERVICE

Base Warranty

3-year, Courier or Carry-in

Included Upgrade

CO2 Offset 0.5 ton, 3Y Premier Support HB (CPN)

ACCESSORIES

Bundled Accessories

None

CERTIFICATIONS

Green Certifications^[9]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- TCO Certified 9.0
- RoHS compliant

Mil-Spec Test

MIL-STD-810H military test passed

MODEL

TopSeller : Yes

Announce Date : 2023-05-30

EAN / UPC / JAN : 0197529317341

End of Support : 2029-11-25

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to <https://psref.lenovo.com/Detail/2289?M=21HD005YMH>

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad USB-C Dock Gen 2

40AS0090US

- Lenovo understands that modern business depends on a wide variety of PC's and even brands to meet their business needs. To make this easier Lenovo USB-C dock is compatible with Lenovo notebooks as well as note...

Recommended Services

BEST	4Y Premier Support Plus upgrade from 3Y Premier Support (5WS1L39249)
BETTER	4Y Premier Support upgrade from 3Y Premier Support (5WS0W86726)
GOOD	3Y Premier Support Plus upgrade from 3Y Premier Support (5WS1L39023)

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>

Lenovo

PSREF
Product Specifications
Reference