



# Quick operating guide\* – Blood glucose measurement with



\*These instructions are only a guideline. Please read through the operating instructions carefully before using MyStar Extra® for the first time.

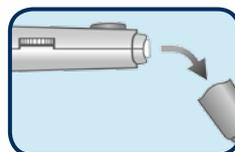
## OVERVIEW OF MYSTAR EXTRA®

- 1 Mini USB connection**  
- Easy transfer of your data onto a PC or laptop with Sanofi-authorized software.
- 2 DISPLAY**  
- Displays readings, symbols, calculations and error messages
- 3 CONFIRM button**  
- Switching on and off  
- Menu navigation
- 4 MEALS button**  
- Allocation of mealtime tags
- 5 UP arrow key**  
- Searching through next options
- 6 DOWN arrow key**  
- Searching through previous options
- 7 Test strip slot**  
- MyStar Extra® works with the tried and tested **BGStar® test strips**

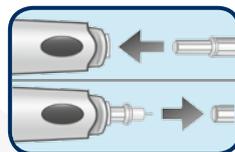
## OVERVIEW OF THE BGSTAR® TEST STRIPS

- 8 CONTACTS**  
- Insert the test strips with the contacts pointing upwards
- 9 SAMPLE AREA**  
- Please dab blood on here!
- 10 MONITORING WINDOW**  
- Please do **NOT** put any blood on here!

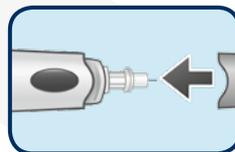
## PREPARING THE LANCING DEVICE



- 1.** Pull off the cap from the lancing device.



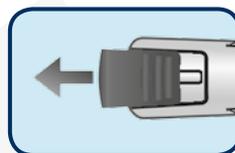
- 2.** Fit a new lancet into the lancet holder.  
- Twist off the lancet cap.



- 3.** Replace the cap on the lancing device.



- 4.** Adjust the penetration depth.



- 5.** Pull the tensioning device until you hear a click.



**TIP:** Before measuring, wash your hands thoroughly, keep them warm or gently massage the (lancet) insertion point before measuring to stimulate the circulation.



# Quick operating guide\* –

## Blood glucose measurement with the



### 1. CARRYING OUT A MEASUREMENT



- A Inserting a test strip**
- Insert the test strip into the test strip slot with the contacts pointing upwards.



- E Reading display**
- Your reading is shown on the display together with the time and date.
  - Press the 'Confirm' button and confirm the suggested mealtime tag.
  - The measurement result is saved automatically.

**IMPORTANT:** Please only use BGStar® test strips with the MyStar Extra® system.

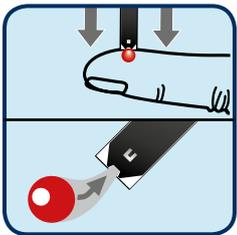
**TIP:** If the suggested mealtime tag is incorrect, you can change it within the next 48 hours.



- B Taking a blood sample**
- Position the lancing device on your finger pad and press the release button.
  - For taking blood samples from alternative parts of the body, please read the operating instructions.

### 2. CONCLUDING THE MEASUREMENT

- A Remove the used test strip**
- Dispose of the test strip in the proper manner.
  - The blood glucose measurement device will switch off automatically.



- C Application of the blood sample**
- Dip the test strip into the blood sample
  - The measuring device now displays the 'drop' symbol
  - The test strip absorbs blood from the tip so that it is full

- B Pull off the cap from the lancing device and place the lancet cap on the lancet.**

- C Remove the used lancet and dispose of it in the proper manner.**



- D Calculation of reading**
- Remove the test strip from the blood sample when you hear a beep.
  - The scroll bar and the animation of the number sequence 1-2-3 show that your result is being calculated.

### DATA MANAGEMENT IN JUST 3 CLICKS

- 1 x CLICK**  
Diary with fasting blood glucose trend arrow
- 2 x CLICK**  
Averaging function with mealtime tags
- 3 x CLICK**  
HbA<sub>1c</sub> function with HbA<sub>1c</sub> value and trend

**ServiceCenter Diabetes**  
0180 22 22 010  
(Calls from German landlines 6ct/call, mobile prices max. 42ct/minute)  
Sanofi-Aventis Deutschland GmbH

The *ServiceCenter Diabetes* is happy to help you with any questions you may have. You can also find further information on the Internet at [www.mystar.sanofi.de](http://www.mystar.sanofi.de)

